



# LUNCH & BURN

**Tuesday, June 25<sup>th</sup>**

**@ University Park Orangetheory**

**11:00 am**

Please arrive by 10:45 for a safety briefing. This event will include a 45 minute workout class and a healthy lunch!

Come learn about the GCBX CARES Transformation Challenge

**24 SPOTS AVAILABLE**



**Members Only!**  
See [www.gcbx.org](http://www.gcbx.org) for required forms